

## Curriculum Vitae

### BARBARA DEVICO, CH.T

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#### EDUCATION/TRAINING

- 1973 Bachelor of Science in Medical Social Work- California State University Long Beach
- 1975 Graduate Work Educational Psychology/Special Education  
Teaching Credentials in Special Education- California State University Long Beach
- 1983 Certified Litigation Paralegal- University West Los Angeles
- 1999 Certification in Hypnosis- American Institute of Hypnotherapy
- 2000 Certifications in Hypnosis/Hypnotherapy, Master Neurolinguistic Practitioner- Advanced  
Neurodynamics- American Pacific University  
Certification in Nutrition- University of Ohio
- 2002 Certifications in Hypnosis/Hypnotherapy, Master Neurolinguistic Practitioner  
Reiki Master Practitioner, Life Coach- Bennett Steller University & Holmes Institute of  
Hypnotherapy
- 2003 Medical Hypnotherapy Certification- New-Focus Institute  
Advanced Hypnotherapy Certification- International Hypnosis Federation  
Specialty certifications in hypnosis and fibromyalgia, irritable bowel syndrome, hypertension, pain  
control and weight control

#### PROFESSIONAL AFFILIATIONS

- 2002 Torrance Area Chamber of Commerce
- 2002 National Guild of Hypnotists
- 2002 American Board of Hypnotherapy
- 2003 National League of Medical Hypnotherapists
- 2003 International Hypnosis Local Chapter

#### EXPERIENCE

Torrance, CA 2003-present

Certified Clinical Hypnotherapist and Health and Wellness Coach in Private Practice. Specializing in smoking cessation, weight reduction, pain control, sports performance, stress management, phobias, and fears.

Torrance, CA 2003-present

Hypnosis teacher holding private class sessions at local healthcare and wellness facilities.

Torrance, CA 1999-present

Wellness Representative for National Security Association. Independent Distributor of Juice Plus supplement. Produced several prevention plus seminars educating the public on the benefits of healthy eating.

Manhattan Beach, CA 2000-2002

Hungry Heart Corp., Certified Hypnotherapist specializing in weight control and eating disorders working with private clients individually and in support groups.

Torrance, CA 1996-1999

Vice President Marketing and Sales at DC Group Inc. Responsible for marketing and sales of military hardware.

Long Beach, CA 1988-1995

Senior Sales Representative at Remedy Personnel responsible for the marketing and sales of over \$1,000,000 in accounts.

Various Locations, CA 1983-1988

Certified Litigation Paralegal at Litton Industries, Spearer and Woodward, Irell and Manalla, and FANNIEMAE. Paralegal plus various assignments handling research and discovery of legal cases.

Torrance, CA 1979-1983

Real Estate and Insurance Agent for Spring Realty. While at California Casualty sold real estate, auto and health insurance.

Various Locations, CA 1977-1979

Substitute special education teacher for various school districts.

Compton, CA 1975-1977

Compton Adult School/Lynwood Adult School social worker and special education teacher for government funded schools specifically for the severely impaired.

## **CURRENT RESEARCH INTERESTS**

1. Hypnosis in the permanent or long term cessation of smoking.
2. Medical Issues and the uses of hypnotherapy as a main or adjunct therapy modality.
3. Children and the benefits of hypnosis throughout the growing years.
4. Hypnotherapy and the learning process. Using hypnosis to potentiate the effects of schooling and self study.